

EAST MEETS WEST

A LOOK AT HOLISTIC PRACTICES

1-3 HOURS

The trend in our society continues to move toward patient-centered and total health care. We know how dental disease affects the body and also how chronic conditions affect our oral health. But what holistic factors, not taught in our formal education, should we be aware of and be able to talk to our patients about? What should we be doing for ourselves to keep our own bodies healthy? Many types of holistic health practices formerly thought of as "woo-woo" are now accepted and perceived as within 'the box' by alternative healthcare and have scientific backing.

Objectives

1. An overview of eastern medicine and Qi
2. Meridians of the body and tooth-organ relationships
3. Tongue reading and texture clues to health
4. Vibrations and music
5. Why Woo Woo works-scientific findings on Energy Practice

Reviews

Such a refreshing NEW topic -- first I've seen of its kind. thank you very much for finding a way to integrate this topic with our profession!

Great soft spoken speaker. I like using the CHI method for breathing since I had gone through Lung surgery. The twelve energy Meridians and the TMJ were very educational. I shall try to use these therapies.

I LOVED this course. There is definitely room for Woo, and other sciences like Chinese Medicine and Ayurveda, in the dental realm. It is sad and exhausting to hide who I am with co-workers and employers out of fear of backlash like was seen in the chat. This CE is the first time I felt seen and like I have an advocate in the profession, and I am grateful.

Although I would've never chosen to go to this course, I thought this was super fascinating. Definitely interested in learning more about this. Thank you!!!

Loved learning something new and enjoying getting to see the hollistic side to tx

I loved this course! I think bodies can be healed in so many different ways. This is great for hygienists to branch out in a different way of thinking. It will help while treating patients. I can't say enough good.