

TMJ PAIN MANAGEMENT

1-3 HOURS

This course is perfect for dental professionals and offers unique ways to look at and treat the muscular dysfunctions that usually accompany temporomandibular (TMD) joint dysfunction. TMD can result from a variety of issues from musculature imbalance, to malocclusion, and other traumatic events. Along with these commonly known factors, postural imbalances can also impact the TMJ. This course explores the causes of TMD, treatment options including traditional and newer techniques, as well as understanding a team approach to care. This lecture will include a hands-on demonstration of myofascial release, a discussion of therapy techniques, myofunctional therapy, and the use of CBD oils and low-level light therapy for inflammation reduction and analgesia.

OBJECTIVES:

At the completion of the seminar participants will be able to:

1. Identify the TMJ joint anatomy
2. Describe common TMD muscle pain referral patterns
3. Recognize additional methods of pain reduction that complement myofunctional therapy
4. Use simplified myofascial release techniques and touch movements
5. Recommend general dietary guidelines to help healing and collagen production

Reviews

Excellent information. I loved that the course was interactive and kept me engaged.

Highly recommend this class. Can't wait to take it again.

Absolutely wonderful! So informative and interesting. I will be looking more into this as far as providing what I can for my own patients. Thank you!

Best detailed comprehensive TMJ course taken. I am sure I will be taking it again. So much to learn

Increased my knowledge immensely. Had no idea how involved TMJD is. So many of patients suffer with this. Thank you!!

This was such an interesting course for me because it related to what I am going through now with my TM joints due to what they believe is from a childhood injury.

I always learn so much from Pat that I can apply both to my practice of dental hygiene and my own body function! Thank you!